Testing for Lower Urinary Tract Symptoms (LUTS)

UPSTREAM

Men who have bothersome LUTS and are seeking further treatment

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Invitation to take part (post, phone or during routine appointment)
Those who decline will receive standard NHS care & will be invited to talk with a researcher about why they chose not to take part

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If eligible, **randomised to a routine diagnostic pathway** (as used in NHS Hospitals)

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Non-urodynamic routine testing

Urodynamics routine testing

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- **Physical examination**
- **Urinary flow test**
- **Bladder diary**
- **Questionnaires** about urinary symptoms, sexual function and costs*

** e.g. medicines, travel to hospital, time off work*

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Urodynamics assessment
With a questionnaire about the procedure

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Appointment to discuss treatment
Surgeon recommends which treatments may be suitable, based on diagnostic results
Patient makes decision about treatment

Some men will be invited to talk with a researcher about their experiences on the phone

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Surgery patients: urinary flow test *(in clinic) 4 months after surgery*

Non surgery patients: no additional tests

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Questionnaires (by post) about urinary symptoms, sexual function and costs*
6 and 12 months into the study

** e.g. medicines, travel to hospital, time off work*

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Clinic visit for all patients at **18 months** into the study

- **Urinary flow test**
- **Bladder diary**
- **Questionnaires** about urinary symptoms, sexual function and costs*

Some men will be invited to talk with a researcher about their experiences on the phone

** e.g. medicines, travel to hospital, time off work*